

# STARPOINT<sup>LLC</sup>

*Healthcare Group*

## Case Management

StarPoint is committed to providing you with case management services that will help you effectively coordinate and manage your most medically challenging needs. You are paired with a Case Manager who will assist you with in many ways such as:

- Providing you education on your medical condition
- Working with you, your family and health care providers to support your physician's plan of care
- Helping you navigate the medical waters to ensure that appropriate and cost effective care is obtained
- Providing coordination and access to appropriate health care treatment and community resources

Your case manager will be in regular contact with you by phone and will provide written information upon your request. To learn more about case management services, call the toll-free number below.

**StarPoint's Case Management - 1-877-792-7827**

## StarBaby

You are eligible to participate in the StarBaby maternity management program offered by your health plan. This program will support and assist you throughout your pregnancy by providing you with:

- important pregnancy-related information
- a personal Maternity Nurse who will be available to you either by telephone or email throughout your pregnancy
- Your nurse will continue to be a resource for you during your first few weeks as a new mother
- free pre-natal vitamins (as long as you remain in the program)
- a \$75 gift card after the birth of your new baby.

This program is available at no cost to you. To take advantage of this great program you will need to:

- register during your first trimester of your pregnancy
- check in with your Maternity Nurse regularly
- complete the Post Pregnancy Assessment

For more information and to register today call or go online today at:

**1-877-792-7827, Option 1**  
**[www.starpointmedical.com](http://www.starpointmedical.com)**

## Disease Management

What conditions are covered by Disease Management?

- Asthma
- Chronic Obstructive Pulmonary Disease (COPD)
- Congestive Heart Failure (CHF)
- Coronary Artery Disease (CAD)
- Diabetes
- Hyperlipidemia (high cholesterol)
- Hypertension (high blood pressure)

How does the Disease Management program work?

If you have one of the conditions listed above, you may be contacted by a Health Engagement Specialist who can explain the Disease Management program and the benefits available to you.

If you decide to enroll in Disease Management, you will work one-on-one with a Registered Nurse who can provide you with information about your condition, physical activity, nutrition and smoking cessation. You and your dedicated Nurse Coach will work together to set achievable goals, such as lowering your blood pressure or controlling your blood sugar.

Your Nurse Coach can also:

- Help you understand any medications you are taking
- Work with you to prepare for doctor's visits and follow your physician's plan of care
- Send you educational resources specific to your needs
- Provide support in managing your health

Disease Management is a confidential benefit provided through your medical plan at no cost to you. It is designed to help you better manage your health through skilled nurse coaching.

For more information or to enroll in the program call  
1- 866-458-0474 today.