



Free 24 Hour Nurse Helpline

Unsure whether or not to go to the doctor?

Do you have follow up questions to a recent visit that you forgot to ask?

Do you need to get in right away or can this wait until the morning?

The 24 hour nurse helpline provided to you under your MMIA healthcare plan can help!

Not knowing WHEN to seek medical care can be a stressful situation. Sometimes you just may need assistance knowing the appropriate time to seek out that help.

Call 1-888-557-2052 toll free, 24 hours/7 days per week to speak with a Registered Nurse Counselor.

You can ask questions and discuss confidentially any healthcare issues that you may have. A nurse is ready to help you!